

## The Fly 2023 – Coach Job Description

### The Fly – Values and Expectations

The Fly is setting the bar for 6s lacrosse in England.

Building on the foundations set out in 2021 and 2022, The Fly is returning in 2023 in its new 'league' format. The Fly 2023 maintains its position as the highest performance platform in England for male and female athletes in the 6s discipline, exposing players, coaches, and officials to an elite sporting environment in preparation for international multi-sport events.

The Fly continues to place the **development** of our high-performance players, coaches and officials at the core of its priorities and values as we prepare our sport for future Olympic and Commonwealth Inclusion.

### Roles and Responsibilities

- To create a player focused, highly competitive squad of reflective decision makers.
- To deliver a pre-competition build up to include a series of workshops and training to develop the culture and playing style of the squad.
- To define, delegate and manage responsibilities for Assistant Coach (Head Coach Only)
- To deliver a programme of accountability and reflective practice that will build the foundation to the performance environment for the squad.
- To define a playing style that is representative of the competition values and own coaching philosophy.
- To produce a system of pre, during and post-game coaching processes that are player focused and conducive to performance sport.

### Minimum Operating Standards

Coaches will be required to provide evidence of the following qualifications/experiences:

- Hold England Lacrosse coaching qualification, or equivalent NGB accredited coaching award in another team sport.
  - Assistant Coaches: minimum Level 2/Coaching Field
  - Head Coaches: Expected Level 3/Coaching talent, OR minimum Level 2 and working towards Level 3/Coaching Talent.
- Safeguarding and protecting young people in sport
- First aid
- DBS through EL within last 3 years or transferrable DBS within last 12 months
- Current England Lacrosse member
- Attended CPD opportunities in the last 12 months

### Experience (preferable)

- Playing or coaching experience within talent or performance environment
- Minimum of three years team or squad experience
- Influencing the culture, reflective practices and positive environments for performance
- Player-centric engagement to deliver high standards of performance



## **Commitment & requirement**

- Drafting/selection and management of squad
- Deliver a (minimum) 6-week competition build up programme, in accordance with The Fly Team Preparation Guidance.
- Competition attendance:
  - Sunday 14<sup>th</sup> May 2023
  - Sunday 21<sup>st</sup> May 2023
  - Sunday 4<sup>th</sup> June 2023